19th annual
International Street Medicine Symposium
September 27 - 30, 2023 • London, UK

Presented by

street medicine institute

In partnership with

Transformation Partners in Health and Care

Homeless Health London Partnership

FIND & TREAT

UK Health Security Agency

Groundswell

Collaborative Centre for Inclusion Health

University College London Hospitals NHS Foundation Trust
You’re invited to Project ECHO

The Street Medicine Institute is excited to partner with street medicine leaders at University of New Mexico for Street Medicine Project ECHO. Monthly sessions will provide an opportunity to learn from each other and maintain an ongoing connection with the street medicine community worldwide. Beginner and experienced street medicine clinicians and non-clinicians are encouraged to participate. Registration is free but is required for participation.

Street Medicine Project ECHO will meet the 2nd Monday of each month on zoom at 5:30 pm EST/ 9:30 pm GMT. Each session starts with a brief didactic, followed by a case presentation. Participants will discuss the case, the topic of the day, and questions related to street medicine for the remainder of the session. Didactics for each session will be recorded, but for privacy reasons, the case and discussion will not be. All sessions will be held in English.

Join us for these upcoming sessions!

Oct 9- “Street-based Motivational Interviewing” with Liz Frye, MD, MPH
Nov 13- “HOUSED BEDS: Taking a History of People Sleeping Rough” with Corinne T. Feldman, MMS, PA-C
Dec 11- “Trauma-informed Street Medicine” with Asha Atwell, DO
WELCOME!

Welcome to the 19th annual International Street Medicine Symposium (ISMS), an inclusion health event. We are chuffed to bits – very excited, if you don’t speak the Queen’s English – to hold the symposium in London this year with our UK partners, Transformation Partners in Health & Care, Homeless Health London Partnership, and UCLH Find&Treat. Our partners’ aim to improve health and wellbeing, reduce health inequalities, and contribute to an end to homelessness offers the international street medicine community a unique opportunity to learn from their comprehensive high-quality homelessness and inclusion health expertise.

The ISMS, under the direction of the Street Medicine Institute, is the world’s only international educational forum designed exclusively for health care and social service workers who serve rough-sleeper homeless populations. You represent the millions of our sisters and brothers living on the streets throughout the world; we (and they) are honored by your participation. Since the first ISMS in 2005, street medicine programs have sprouted in more than 140 communities in over 27 countries on 6 continents. At the Street Medicine Institute, we have seen exponential growth in interest from cities around the world to develop street medicine programs in response to the compounding problems of poor health outcomes, increased costs, and deepening social exclusion for people experiencing homelessness. Much of that interest is rooted in the growing body of evidence that the street medicine care model is a highly successful intervention for a complex interplay of population health challenges.

As always, symposium program offers an inspiring array of informative lectures, skills-focused workshops, thought-provoking discussions, and ground-breaking research representing a broad range of topics pertaining to the health care of rough sleepers, delivered by many of the world’s foremost street medicine experts. We are particularly enthusiastic for the host city day highlighting the work of street medicine and inclusion health experts in the UK, including many people with lived and living expertise of homelessness who are critical to the work of UCLH Find&Treat and the Homeless Health London Partnership. We also have the honor of hearing from Dr. Steph Grohmann, an anthropologist at University of Edinburgh and the Ludwig Boltzmann Gesellschaft in Austria, who has been studying homelessness and displacement for many years. Her keynote address, focused on extreme health inequities affecting people who are considered “out of place,” will undoubtedly challenge our perceptions of space as experienced by our neighbors sleeping rough throughout the world.

Your continued commitment to the street medicine movement is essential to the vision that all people sleeping rough throughout the world will have access to quality health care and hope. In turn, we hope you will feel enlightened, inspired, and refreshed amongst your street medicine family. Please do not hesitate to call on any of us at the Street Medicine Institute if there is anything we can do to make your experience at ISMS more enjoyable and fulfilling.

In solidarity and service,

Liz Frye, MD, MPH
Chair, 19th annual International Street Medicine Symposium
Vice Chair, Street Medicine Institute
Remembering Dr. Dave Deci

January 18, 1955 - April 21, 2023

As I think about my friend Dr. David Deci, two cords of memory weave themselves through my mind. Both are strong and reflect his loving nature. The first is the timeline of actual events I recall from the period our lives overlapped. In the late 1990’s, after giving a lecture to medical students in Morgantown, West Virginia, a young Dr. Deci approached me to say he and some of his students would like to visit and make street rounds with my program. Not long afterward, he informed me they had established an interdisciplinary street medicine program called Project MUSHROOM. I remember marveling how fast they had created such a collaborative, integrated street medicine program in a health sciences university. Dr. Deci’s leadership was key and the beginning of his role as the preeminent mentor for student-initiated street medicine programs throughout the US. Through all the challenging years of the Street Medicine Institute, Dr. Deci guided us with his wisdom, hard work, and deep sense of mission. Dr. Deci served as a key speaker at the first street medicine symposium, a founding board member of the Street Medicine Institute, and held president and secretary positions on the board. Whether reviewing proposals, budgets, or assembling symposium folders late into the night, Dr. Deci was always willing to do the hard work that was needed. Much of what is best about our organization and our global movement was shaped by his humble, tireless dedication.

The second cord that emerges when I think about Dr. Deci is the cord of his character. I first gained a sense of his depth when he would write his reflections after street rounds in Morgantown and email them to many of us. He would always find deep meaning in each experience, revealing the beauty of those he treated, the wisdom of those he served, the joy of working with his students, or just his deep gratitude for the path he had chosen. I saw this same spirit when he listened to others; he was fully present to them and the joy he felt would shine from his face. Dr. Deci frequently reminded us all of the true mission of our work, always with gentleness and love. He became, to me, the conscience of our organization. His love was most apparent when mentoring student groups. He clearly cherished the role of teaching and guiding students. My last memory of Dr. Deci was a zoom call with the Street Medicine Institute Student Coalition leadership group. Despite retirement, he continued showering his wisdom, love, and affirmation on those who would go on to humanize the field of medicine.

I miss my friend, but I am left with profound gratitude for having him in my life. I have never known a finer human being. I know he would want us all to continue serving those whom society has excluded. May we do so with the spirit of love and selflessness he embodied.

Dr. Jim Withers
Withers Family Keynote Address

Steph Grohmann, MSc, PhD

Steph Grohmann is an anthropologist with a background in social care. She has been studying homelessness and displacement for many years. More recently, she has focused on the extreme health inequities affecting people who are considered "out of place," such as people experiencing homelessness and refugees. Wearing many hats, she also works on developing fair and equitable research ethics practices in research with people who are socially excluded. She is the author of *The Ethics of Space: Homelessness and Squatting in Urban England*. Steph currently works at the University of Edinburgh and the Ludwig Boltzmann Gesellschaft in Austria.
19th Annual International Street Medicine Symposium

PROGRAM SCHEDULE

Wed., Sept. 27  Pre-symposium Workshops
Whitechapel Mission
212 Whitechapel Road, London, England, United Kingdom

8:00 – 9:00 am  REGISTRATION

9:00 – 9:05 am  Welcome Address and Workshop Overview
James Withers, MD
Medical Director and Founder, Street Medicine Institute
Medical Director and Founder, Operation Safety Net, Pittsburgh Mercy (Pittsburgh, Pennsylvania, USA)
Liz Frye, MD, MPH
Chair, 19th Annual International Street Medicine Symposium
Vice Chair, Board of Directors, Street Medicine Institute
Street Psychiatrist, Center for Inclusion Health Street Medicine, Allegheny Health Network (Pittsburgh, Pennsylvania, USA)

9:05 – 9:25 am  Anatomy and Function of a Successful Street Medicine Program: Three Developmental Stages
James Withers, MD
Street Medicine Institute

9:25 – 9:45 am  Crafting the Argument for Street Medicine: What Funders, Health Systems, and Communities Need to Hear
Patrick J. Perri, MD
Member, Board of Directors, Street Medicine Institute
Medical Director and Co-founder, Center for Inclusion Health, Allegheny Health Network (Pittsburgh, Pennsylvania, USA)

9:45 – 10:05 am  Street-based Trauma-informed Care
Liz Frye, MD, MPH
Street Medicine Institute

10:05 – 10:50 am  Logistics of Street Medicine
Needs Assessment & Community Landscape
Kevin Sullivan, MD
Medical Director, Greater Portland Health-Bayside (Portland, Maine, USA)

Team Members & Street Rounds
Liz Frye, MD, MPH
Street Medicine Institute

Backpack & Supplies
Joel J. Hunt, PA-C
Director, Acclaim Street Medicine
Assistant Program Director, Family Medicine Residency, JPS Health Network
Faculty, IES/Acclaim Street Medicine Fellowship (Fort Worth, Texas, USA)

Safety
Corinne T. Feldman, MMS, PA-C
Director, Workforce Development and Education; Clinical Assistant Professor of Family Medicine, USC Street Medicine (Los Angeles, California, USA)
10:50 – 11:05 am   **BREAK**

11:05 – 12:05 pm  **Expert Panel: Common Challenges for Street Medicine Teams**
   **Moderator:** Liz Frye, MD, MPH
   Street Medicine Institute
   **Panelists:**
   Jaynell (KK) Assmann, APRN-C
   Founder and CEO, Care Beyond the Boulevard, Inc. (Kansas City, Missouri, USA)
   Joel J. Hunt, PA-C
   Acclaim Street Medicine
   Melissa Moore, LE
   Member, Board of Directors, Street Medicine Institute
   Founder/CEO and Street Outreach and Support Services, RISE- Rising Into Self Empowerment (Hayward, California, USA)
   Patrick J. Perri, MD
   Street Medicine Institute
   Ronnie-Lee Sneh, BSW
   Founder and President, Street Medicine Tel-Aviv
   Ralph I. Goldman Fellow, JDC (Tel-Aviv, Israel)
   Henrik Thiesen, MD, GP
   Member, Board of Directors, Street Medicine Institute
   Senior Physician, Manager – SundhedsTeam/Health Team for Homeless (Copenhagen, Denmark)

12:05 – 12:10 pm  Morning wrap-up

12:10 – 1:30 pm   **LUNCH (on your own)**
   *First-time attendees are invited to join workshop presenters and SMI board members for lunch.*

1:30 – 4:30 pm  **Street Medicine Essentials & Street Medicine Explorations (concurrent)**
   **A. STREET MEDICINE ESSENTIALS**
   1:30 – 2:00 pm  **Organizational Breakout Session**
      **Facilitator:** Corinne T. Feldman, MMS, PA-C
      USC Street Medicine
   2:05 – 2:35 pm  **Breakout Case Scenario I – Patient with Suicidal Thoughts**
      **Facilitator:** Liz Frye, MD, MPH
      Street Medicine Institute
   2:35 – 2:55 pm  **BREAK**
   2:55 – 3:25 pm  **Breakout Case Scenario II – Witnessing Violence on the Streets**
      **Facilitator:** James Withers, MD
      Street Medicine Institute
   3:30 – 4:00 pm  **Team Planning Session**
      **Facilitator:** Kaitlin Schwan, PhD
      Member, Board of Directors, Street Medicine Institute
      Executive Director, Women’s National Housing & Homelessness Network
      (Toronto, Ontario, Canada)
   4:00 – 4:30 pm  **Question and Answer Session and Wrap Up**
      **Facilitator:** Patrick J. Perri, MD
      Street Medicine Institute
B. STREET MEDICINE EXPLORATIONS

1:30 – 2:10 pm What is Street Medicine?
  Facilitators: Joel J. Hunt, PA-C
  JPS Health Network, Acclaim Street Medicine Assistant Program
  James Withers, MD
  Street Medicine Institute

2:10 – 2:50 pm Is Street Medicine the Long Defeat?
  Facilitator: Patrick J. Perri, MD
  Street Medicine Institute

2:50 – 3:05 pm BREAK

3:05 – 3:45 pm Is Street Medicine Palliative Care?
  Facilitators: Liz Frye, MD, MPH
  Street Medicine Institute
  Corinne T. Feldman, MMS, PA-C
  USC Street Medicine

3:45 – 4:30 pm Who are We as People who Practice Street Medicine?
  Facilitators: Joel J. Hunt, PA-C
  JPS Health Network, Acclaim Street Medicine Assistant Program
  Professor Al Story, PhD FFPH MPH RGN
  Find&Treat Clinical Lead, University College Hospitals NHS Foundation Trust
  Co-Director, UCL Collaborative Centre for Inclusion Health (London, UK)
**Thurs., Sept. 28**  
**Symposium Day 1: Host City Presentations**  
*Mary Ward House*  
7 Tavistock Place, London, England, United Kingdom

8:00 – 9:00 am  
**REGISTRATION**  
Coffee, tea, & biscuits

9:00 – 9:10 am  
**Room: Mary Ward Hall**  
**Introductory Remarks and Session Overview**  
James Withers, MD  
Medical Director and Founder, Street Medicine Institute  
Medical Director and Founder, Operation Safety Net, Pittsburgh Mercy (Pittsburgh, Pennsylvania, USA)  
Liz Frye, MD, MPH  
Chair, 19th Annual International Street Medicine Symposium  
Vice Chair, Board of Directors, Street Medicine Institute  
Street Psychiatrist, AHN Center for Inclusion Health Street Medicine (Pittsburgh, Pennsylvania, USA)

9:10 – 9:20 am  
**Sofa Poetry**  
Surfing Sofas  
Arts and Homelessness International (London, UK)

9:20 – 9:45 am  
**Coming in From the Cold: Equity, Morality & Justice**  
Professor Sir Michael Marmot, CH  
Professor of Epidemiology and Public Health, University College London  
Director, Institute of Health Equity at UCL (London, UK)

9:45 – 10:10 am  
**Breaking the Law: Inclusion Health Versus Inverse Care**  
Professor Andrew Hayward, MBBS BSc MSc DTMH MD FPHM FRSB  
UK Health Security Agency National Lead for Inclusion Health  
UCL Professor of Infectious Disease Epidemiology and Inclusion Health (London, UK)

10:10 – 10:30 am  
**Not Coming in From the Cold**  
Stan Burridge  
Director, Expert Focus (London, UK)  
Jacek Slodki  
Expert by Experience, Expert Focus (London, UK)

10:30 – 10:50 am  
**Panel Discussion Q&A**  
Morning plenary presenters

10:50 – 11:20 am  
**BREAK**  
Coffee, tea, & biscuits

11:20 – 11:40 am  
**Acute Care – Inclusion Health in Action**  
Professor Clíona Ní Cheallaigh, MB BAO BCh MRCP PhD  
Professor of Clinical Medicine, Trinity College Dublin (Dublin, Ireland)  
**Inpatient Inclusion Health at a North Central London Hospital: Lessons Learnt from Almost Two Years of Assessments**  
James Norman, MD  
Consultant in Inclusion Health and General Internal Medicine, University College Hospital (London, UK)
11:40 am – 12:00 pm **Intermediate Care – What Works?**
Professor Michelle Cornes, BA(Hons) PhD
Professor of Health and Social Policy Inequalities, Salford University (Manchester, UK)

12:00 – 12:20 pm **Policy and Poison - Street Drug Use**
Professor Magdalena Harris, BA(Hons) MA PhD
Professor, Inclusion Health Sociology, London School of Hygiene & Tropical Medicine (London, UK)

12:20 – 12:40 pm **Opioid-related Deaths During Hospital Admissions or Shortly After Discharge**
Dan Lewer, PhD
Research Fellow, University College London (London, UK)

12:40 – 1:00 pm **The Suicide Hierarchy (by video)**
Austin O’Carroll, MICGP, DHealth Hon, FRCSI
Scheme Director, North Dublin City GP Training; Medical Director, GranbyGMQ (Dublin, Leinster, Ireland)

1:00 – 2:00 pm **Room: Brewer & Smith**
LUNCH

2:00 – 3:00 pm **BREAKOUT SESSIONS I (concurrent)**

A. **Location: Outside**
**Find&Treat Integrated Outreach “Fleet”**
Mustapha Hacine Bacha, Chris Laker, Mark Leonard, Adrian Noctor, Ous Sarr
Peer Practitioners, Find&Treat Outreach team, University College Hospitals NHS Foundation Trust (London, UK)
Brendan Scott
Operation Manager, Find&Treat Outreach team, University College London Hospitals NHS Foundation Trust (London, UK)
Julian Surey
Clinical Nurse Specialist, University College Hospitals NHS Foundation Trust (London, UK)
Indrajit Ghosh, MD
Specialty Doctor HIV/Hepatitis/GUM/Outreach, University College Hospitals NHS Foundation Trust & Mortimer Market Centre (London, UK)

B. **Room: Dickens Library**
**Led By Lived Experience – Extending the Roles of Peer Practitioners**
Jane Cook
Complex Case Manager, Groundswell (London, UK)
John Driscoll
Health Peer Support Caseworker, Groundswell (London, UK)
Ashleigh Knowles
TST Health Peer Support Caseworker, Groundswell (London, UK)
James Rock
Peer Practitioner, Find&Treat Outreach team, University College Hospitals NHS Foundation Trust (London, UK)
C. **Room: Mary Ward Hall**  
Public Health Approaches in Inclusion Health  
*Providing Services for Street and Building-based Sex Workers*  
Binta Sultan, MD  
Consultant Physician in Inclusion Health and Chair of the National Clinical Network of Sexual Assault and Abuse Services (London, UK)  
Denver Dunnock  
Expert by Experience (London, UK)  
*Severe Weather Emergency Protocols for Extreme Heat Events in Street Homeless Groups*  
Sara Bainbridge  
Public Health Registrar, Greater London Authority (London, UK)  
*Worked Experience of Vaccine Uptake in Gypsy, Roma, Traveller Communities*  
Tanya Blumenfeld, MD  
Research Officer, University of Essex (Colchester, UK)  
Portfolio General Practitioner (East of England)

D. **Room: Voysey**  
Interventions for Rough Sleepers  
*Physical Activity Interventions for People Experiencing Homelessness: A Mixed Methods Systematic Review*  
Joanna Dawes  
NIHR Doctoral Research Fellow, Institute of Epidemiology and Health Care, University College London (London, UK)  
*Practical Solutions around the Problem of Poor Physical Functioning and Frailty in Women who Sleep Rough*  
Julie Broderick, PhD  
Assistant Professor, Physiotherapy, Trinity College Dublin (Dublin, Ireland)  
*Interventions to Improve the Health of Sex Workers: A Systematic Review*  
Luke Johnson, MD  
Public Health Registrar, Find&Treat Outreach Service, University College Hospitals NHS Foundation Trust (London, UK)  
*Homeless Outreach Wound Club*  
Angelique Denys  
Registered Nurse, Bevan Health and Wellbeing (Leeds, UK)

E. **Room: Lethaby**  
Decriminalising People, Places and Spaces to Prevent Opioid Deaths  
Peter Krykant  
Events Fundraising and Campaigns Project Lead, Cranstoun Trustee, Release Drugs (Larbert, UK)  
Adam Holland, MD MFPH  
MRC Clinical Research Training Fellow, University of Bristol (Bristol, UK)  
Niamh Eastwood  
Executive Director, Release (London, UK)

3:00 – 3:15 pm **BREAK**  
*Coffee, tea, & biscuits*
3:15 – 4:15 pm  BREAKOUT SESSIONS II (concurrent)

A. Location: Outside
Find&Treat Integrated Outreach “Fleet”
Chris Laker, Mark Leonard, Mustapha Hacine Bacha, Adrian Noctor, Ous Sarr
Peer Practitioners, Find&Treat Outreach team, University College Hospitals NHS Foundation
Trust (London, UK)
Brendan Scott
Operation Manager, Find&Treat Outreach team, University College London Hospitals NHS
Foundation Trust (London, UK)
Julian Surey
Clinical Nurse Specialist, University College Hospitals NHS Foundation Trust (London, UK)
Indrajit Ghosh, MD
Specialty Doctor HIV/Hepatitis/GUM/Outreach, University College Hospitals NHS
Foundation Trust & Mortimer Market Centre (London, UK)

B. Room: Dickens Library
Led By Lived Experience – Extending the Roles of Peer Practitioners
Jane Cook
Complex Case Manager, Groundswell (London, UK)
John Driscoll
Caseworker, Groundswell (London, UK)
Ashleigh Knowles
Health Peer Support Caseworker, Groundswell (London, UK)
James Rock
Peer Practitioner, Find&Treat Outreach team, University College Hospitals NHS Foundation
Trust (London, UK)

C. Room: Mary Ward Hall
Equity Communicable Disease Elimination
The Role of the Peer in Hepatitis C Elimination in the Homeless
Rachel Halford
Chief Executive Officer, The Hepatitis C Trust (London, UK)
Multi-pathogen Outreach Screening Project (Covering Challenges in Temporary AS Accommodation Settings): Taking a Holistic Approach
Joyce Lesende
Clinical Nurse Specialist, University College Hospitals NHS Foundation Trust (London, UK)
Yasmin Appleby
Clinical Nurse Specialist, University College Hospitals NHS Foundation Trust (London, UK)
Residential Respite Care for Street Homeless People with TB
Jack Weeks
Deputy Service Manager, Olallo House (London, UK)
Ioana Brezeanu
Policy and Research Officer, SJOG Hospitaller Services (London, UK)
D. Room: Voysey
Interventions for Rough Sleepers
Physical Activity Interventions for People Experiencing Homelessness: A Mixed Methods Systematic Review
Joanna Dawes
NIHR Doctoral Research Fellow, Institute of Epidemiology and Health Care, University College London (London, UK)
Practical Solutions around the Problem of Poor Physical Functioning and Frailty in Women who Sleep Rough
Julie Broderick, MD
Assistant Professor, Physiotherapy, Trinity College Dublin (Dublin, Ireland)
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E. Room: Lethaby
Decriminalising People, Places and Spaces to Prevent Opioid Deaths
Peter Krykant
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Trustee, Release (Larbert, UK)
Adam Holland, MD MFPH
MRC Clinical Research Training Fellow, University of Bristol (Bristol, UK)
Niamh Eastwood
Executive Director, Release (London, UK)

4:15 – 4:35 pm Room: Mary Ward Hall
NHS Inclusion Health Framework: Overview of the New Strategy and Showcasing Examples of Good Practice from the National Call for Evidence
Bola Akinwale, PhD
Deputy Director, Policy and Sector Insights, National Healthcare Inequalities Improvement Programme, NHS England (London, UK)

4:35 – 4:50 pm Host City Day Closing Remarks
Professor Al Story, PhD FFPH MPH RGN
Clinical Lead and Consultant in Public Health Medicine, Find&Treat, University College Hospitals NHS Foundation Trust (London, UK)
Stan Burridge
Founder, Expert Focus (London, UK)

4:50 – 5:00 pm Sofa Poetry
Surfing Sofas
Arts and Homelessness International (London, UK)

6:00 – 8:00 pm EVENING SOCIAL RECEPTION
Mary Ward House- Mary Ward Hall
Symposium ID badge required for admission.
**Fri., Sept. 29**  
**Symposium Day 2: Invited Presentations**  
**Mary Ward House**  
7 Tavistock Place, London, England, United Kingdom

**8:00 – 9:00 am**  
**REGISTRATION**  
Coffee, tea, & biscuits

**9:00 – 9:10 am**  
**Room: Mary Ward Hall**  
**Welcome and Announcements**  
Liz Frye, MD, MPH  
Chair, 19th Annual International Street Medicine Symposium  
Vice Chair, Board of Directors, Street Medicine Institute  
Street Psychiatrist, AHN Center for Inclusion Health Street Medicine (Pittsburgh, Pennsylvania, USA)

**9:10 – 9:30 am**  
**Annual Updates - Street Medicine Institute and SMI Student Coalition**  
Steve Perry, MS  
Chair, Board of Directors, Street Medicine Institute  
Senior Director, Financial Analytics, Highmark (Pittsburgh, Pennsylvania, USA)  
Stephen Venable, MD Candidate, MPH, RN  
Chief Coordinator, Street Medicine Institute Student Coalition (Detroit, Michigan, USA)  
Senior Advisor, Street Medicine Detroit

**9:30 – 9:40 am**  
**Seed Grant Program Spotlight**  
Jared Nissley, MD  
Director of Street Medicine, Penn Medicine Lancaster General Hospital (Lancaster, Pennsylvania, USA)

**9:40 – 10:10 am**  
**Problems and Interventions: An Eco-social Approach to the TB Epidemic amongst Delhi's Street Populations**  
Armaan Mullick Alkazi, PhD Candidate  
Fellow, Centre for Equity Studies  
University of Edinburgh (Delhi, India)

**10:10 – 10:40 am**  
**Urbanisation-driven Displacement of India's Unsheltered People as a Structural Determinant of Health: A Documentary**  
Jatin Sharma, BSc, MA, PhD Candidate  
Director in-charge and Coordinator of National Resource Team for the Urban Homeless, Centre for Equity Studies (Delhi, India)

**10:40 – 11:00 am**  
**Panel Discussion Q&A**  
Morning plenary presenters

**11:00 – 11:15 am**  
**BREAK**  
Coffee, tea, & biscuits

**11:15 am – 12 pm**  
**WITHERS FAMILY KEYNOTE ADDRESS**  
**Squatters, Space, and Sanity: An Anthropological Perspective**  
Steph Grohmann, MSc, PhD  
Research Fellow, Centre for Homeless and Inclusion Health, University of Edinburgh (Edinburgh, Scotland)  
Senior Program Manager- Ethics, Ludwig Boltzmann Gesellschaft (Vienna, Austria)
12:00 – 12:45 pm  Room: Brewer & Smith  
LUNCH

12:45 – 1:30 pm  Room: Arnold & Morris  
POSTER SESSION (with poster presenters standing by)

1:30 – 2:30 pm  INTERACTIVE SESSION I (concurrent)

A. Room: Mary Ward Hall

SMALL GROUP ORAL PRESENTATION
Street-based Screening and Treatment of Hepatitis C: A Person-centered Approach
Korrinne Yurick, MSPAS, PA
Street Medicine Physician Assistant and Clinical Instructor of Family Medicine, USC Street Medicine (Los Angeles, California, USA)
Alexis Coulourides Kogan, PhD
Assistant Professor of Family Medicine and Street Medicine Research Director, University of Southern California (Los Angeles, California, USA)

B. Room: Dickens Library

WORKSHOP
The Doctor is in: Street Psychiatry Consultation
Ana Turner, MD
Street Psychiatrist, Sulzbacher Center
Program Director, University of Florida Jacksonville Psychiatry Residency (Jacksonville, Florida, USA)

C. Room: Voysey

WORKSHOP
Advancing Gender Equity and Justice in the Street Medicine Movement
Kaitlin Schwan, PhD
Member, Board of Directors, Street Medicine Institute
Executive Director, Women's National Housing & Homelessness Network (Toronto, Ontario, Canada)
Denise Kohl, DO
Physician Faculty and Assistant Professor of Family Medicine; Street Medicine Fellow, Medical College of Wisconsin
Medical Director, Saturday Clinic for the Uninsured (Milwaukee, Wisconsin, USA)
Corinne T Feldman, MMS, PA-C
Director, Workforce Development and Education; Clinical Assistant Professor of Family Medicine, USC Street Medicine (Los Angeles, California, USA)

D. Room: Lethaby

SMALL GROUP ORAL PRESENTATION
Systems that See the Unseen: A Systems-focused, Data-driven Approach to Street Medicine
Sophia Druffner, M.Ed.
Ph.D. Student & Researcher, Vanderbilt Street Medicine (Nashville, Tennessee, USA)
Jennifer J. Hess, MD
Director, Vanderbilt Street Medicine and Homeless Health Service
Assistant Professor of Emergency Medicine, Vanderbilt University School of Medicine (Nashville, Tennessee, USA)
E. **Room: Herschel**  
**EXPERT PANEL**  
**Street Medicine Curriculum Expert Panel: Educating Student and Resident Learners**  
David Klee, MD  
Family Medicine Associate Program Director, Munson HealthCare  
Regional Campus Dean, Michigan State University College of Human Medicine (Traverse City, Michigan, USA)  
Ryan Hannon, BSW  
Community Engagement Officer, Goodwill Northern Michigan (Traverse City, Michigan, USA)  
Rachel Richmond, RN, MSN  
Program Manager, Oregon Health & Science University Street Nursing Team, OHSU School of Nursing Ashland (Ashland, Oregon, USA)  
Tiffany Allen, RN, DNP, PCCN-K  
Clinical Instructor, Oregon Health and Science University (Talent, Oregon, USA)  
Theresa Nguyen, MD  
Medical Co-Director, Loyola Street Medicine  
Director, Loyola Center for Community & Global Health (Chicago, Illinois, USA)  
Laura Pax, MD  
Resident Physician, Emory University School of Medicine  
Former Student Leader, Loyola Street Medicine (Atlanta, Georgia, USA)  
Joshua Matzke, MD  
Resident Physician, Mount Carmel Street Medicine (Westerville, Ohio, USA)  
Ryan Cantzler, MD  
Medical Director, Mount Carmel Outreach  
Medical Director, Mount Carmel Franklinton Emergency Department (Columbus, Ohio, USA)  

2:30 – 2:45 pm  
**BREAK**  
Coffee, tea, & biscuits  

2:45 – 3:45 pm  
**INTERACTIVE SESSION II (concurrent)**  
A. **Room: Mary Ward Hall**  
**WORKSHOP**  
**Wound Care in the Age of Xylazine: Practical and Ethical Considerations**  
Kara Cohen, CRNP  
Associate Director, Project HOME Street Medicine (Philadelphia, Pennsylvania, USA)  
Maire St.Ledger, CRNP  
Street Medicine Nurse Practitioner, Project Home (Philadelphia, Pennsylvania, USA)  

B. **Room: Dickens Library**  
**SMALL GROUP ORAL PRESENTATION**  
**A Trauma-focused Therapy Approach for People Experiencing Homelessness**  
Simon Hatcher, MB BS MD  
Medical Director- Mental Health, Ottawa Inner City Health  
Full Professor, The University of Ottawa (Ottawa, Ontario, Canada)
C. **Room: Voysey**

**SMALL GROUP PROBLEM-SOLVING SESSION**

**Getting Past the Walls Part I: Working within the Hospital to Improve Experiences for Rough Sleepers**

Lauren Wessler, MD  
Hospitalist, Safety Net Consultant, and Street Medicine/Primary Care Provider, NYC Health + Hospitals / Bellevue Hospital (New York, New York, USA)

Angelica Saada, MD  
Street Outreach Physician, Primary Care Physician, Hospitalist and Inpatient Consultant, NYC Health + Hospitals / Bellevue Hospital (New York, New York, USA)

Yinan Lan, MD  
Medical Director of Homeless Health, NYC Health + Hospitals (New York, New York, USA)

Caitlin Driscoll, MD  
Hospitalist and Addiction Medicine Physician, Bellevue Hospital (New York, New York, USA)

Michael Shen, MD  
Clinical Director, Woodhull Hospital (Brooklyn, New York, USA)

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D. **Room: Lethaby**

**SMALL GROUP PROBLEM-SOLVING SESSION**

**New Approaches to Measuring the Impact of Street Medicine**

Sudhakar Nuti, MD, MSc  
Street Medicine Physician; Director, NYC Health + Hospitals/Woodhull (Brooklyn, New York, USA)

Andy Cook, MHA  
Director, Street Health Outreach & Wellness, New York City Health + Hospitals (New York, New York, USA)

Amanda K. Johnson, MD, MBA  
Assistant Vice President- Care Models, Office of Ambulatory Care & Population Health, NYC Health + Hospitals

Primary Care Doctor, NYC Health + Hospitals/Gotham Health, Sydenham (New York, New York, USA)

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E. **Room: Herschel**

**WORKSHOP**

**Fostering a Psychology of Transformative Social Change: A Value-Based Street Medicine Curriculum**

Megan Leubner, MD Candidate  
Executive Director of Student-run Free Clinic, Bobcat Community Health Alliance

Student Liaison, Street Medicine Institute Student Coalition (New Haven, Connecticut, USA)

Sophie Druffner, M.Ed.  
Ph.D. Student & Researcher, Vanderbilt Street Medicine (Nashville, Tennessee, USA)

Rachelle Kromash, MA  
Academic Research & Curriculum Coordinator, Street Medicine Institute Student Coalition

Clinical Psychology Doctoral Student, East Tennessee State University/ETSU Health Bridge (Johnson City, Tennessee, USA)

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3:45 – 4:00 pm  **BREAK**
A. **Room: Mary Ward Hall**  
**SMALL GROUP ORAL PRESENTATION: CLINICAL MINISERIES**  
Gender-affirming Care for Rough Sleepers – A Harm Reduction Approach to Life-saving Treatment  
Meggie Woods, MD, AAHIVS  
Lead Clinician, Trust Clinic, Lifelong Medical Care (Oakland, California, USA)  
Rebecca Lee, MD  
Street Team Physician, Boston Health Care for the Homeless Program (Boston, Massachusetts, USA)  
**PrEP and PEP Updates for Street Medicine**  
Meggie Woods, MD, AAHIVS  
Lead Clinician, Trust Clinic, Lifelong Medical Care (Oakland, California, USA)

B. **Room: Dickens Library**  
**SMALL GROUP ORAL PRESENTATION**  
Rough Sleep for People Sleeping Rough: Problem-solving Sleeplessness and its Health Impact  
Edmund Poliness, MBBS FRACGP DRANZCOG  
GP - Medical Practitioner, Living Room Primary Health Service, Youth Projects  
GP - Medical Practitioner, Wathaurong Aboriginal Community Medical Service (Melbourne and Geelong, Victoria, Australia)  
Hayley Morgan  
Homeless Health Program Manager, Living Room Primary Health Service, Youth Projects (Melbourne, Victoria, Australia)

C. **Room: Voysey**  
**WORKSHOP**  
Getting Past the Walls Part II: Helping Rough Sleepers Tolerate Hospitalization  
Tim Dayton, RN Candidate  
Senior Outreach Specialist, Allegheny Health Network Center for Inclusion Health (Pittsburgh, Pennsylvania, USA)  
Mary Sligh, CRNP  
Street Medicine Team Lead, Allegheny Health Network Center for Inclusion Health (Pittsburgh, Pennsylvania, USA)  
Ben Talik  
Outreach Services Manager, Allegheny Health Network (Pittsburgh, Pennsylvania, USA)
D. **Room: Lethaby**

**WORKSHOP**

“Are You Really Ready for the Streets?”: Developing Competencies for Your Street Medicine Staff

James Grigg, MD
Associate Director of the Primary Care Safety Net, Health + Hospitals Bellevue Hospital
Clinical Assistant Professor, New York University (New York, New York, USA)

Monique Lalane, PhD, LCSW
Associate Director of Social Work, Bellevue Hospital
Adjunct Lecturer, New York University (New York, New York, USA)

Yinan Lan, MD
Medical Director of Homeless Health, NYC Health + Hospitals (New York, New York, USA)

Michael Shen, MD
Clinical Director, Woodhull Hospital (Brooklyn, New York, USA)

Andy Cook, MHA
Director, Street Health Outreach & Wellness, New York City Health + Hospitals (New York, New York, USA)

Eric Trujilo, LMSW
Street Outreach Social Worker, Bellevue Hospital (New York, New York, USA)

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E. **Room: Herschel**

**SMALL GROUP ORAL PRESENTATION**

Teachers with Lived Expertise: Reimagining Medical Education through a Narrative-driven Model

Abhijay Kumar, MD candidate
Executive Director of Inpatient Homeless Consults, Street Medicine Detroit (Detroit, Michigan, USA)

Nicole Hao, MD Candidate
M3 Vice President, Street Medicine Detroit (Detroit, Michigan, USA)

Stephen Venable, MD Candidate, MPH, RN
Senior Advisor, Street Medicine Detroit

Chief Coordinator, Street Medicine Institute Student Coalition (Detroit, Michigan, USA)
Sat., Sept. 30  Symposium Day 3: Invited Presentations
Mary Ward House
7 Tavistock Place, London, England, United Kingdom

8:00 – 9:00 am  REGISTRATION
Coffee, tea, & biscuits

9:00 – 10:00 am  INTERACTIVE SESSION IV (concurrent)

A.  Room: Mary Ward Hall
SMALL GROUP ORAL PRESENTATION
Street Dermatology: Epidemiology, Diagnosis, and Treatment
Ayelet Rishpon, MD
Attending Physician, Division of Dermatology, Tel-Aviv Sourasky Medical Center
Volunteer Physician, Street Medicine Tel-Aviv (Tel-Aviv, Israel)

B.  Room: Dickens Library
SMALL GROUP ORAL PRESENTATION
Life Beyond Survival: Mental Health Occupational Therapy in Street Medicine
Julia Lam, OTR/L
Occupational Therapist, Street Medicine at Pitt (Pittsburgh, Pennsylvania, USA)
Anna Marie White, MD, FAAP, FACP
Medical Director, Street Medicine at Pitt
Clinical Assistant Professor of Medicine and Pediatrics, University of Pittsburgh Medical Center
(Pittsburgh, Pennsylvania, USA)

C.  Room: Voysey
EXPERT PANEL
Best Fit Organizations for Street Medicine: A Debate Amongst Experts
Nick Maguire, DClin Psy
Associate Professor of Clinical Psychology and Director of Centre for Homelessness Research and Practice, University of Southampton (Southampton, UK)
Jennifer Tarabay, MSc
Manager of the Regional Homelessness Community of Practice, University of Southampton
Assistant Psychologist, Outcome Home (Southampton, UK)
David Buck, MD, MPH
Associate Dean and Professor, University of Houston, Fertitta Family College of Medicine
Chair, Patient Care Intervention Center (Houston, Texas, USA)

D.  Room: Lethaby
SMALL GROUP ORAL PRESENTATION
Sexual Assault on the Streets: Strategies for Prevention and Recovery
Charlotte Obel, MD
Senior Registrar, HealthTeam for Homeless (Sundhedsteamet)
Group Leader, Region Sjælland (Copenhagen, Denmark)
Camilla Wimmer, RN
Street Outreach Nurse, HealthTeam for Homeless (Copenhagen, Denmark)
E. **Room: Herschel**

**SMALL GROUP ORAL PRESENTATION**

**The Power of Lived Experience: Bridging the Gap Between Clients and Services**

Stephanie Barker, PhD  
Teaching Fellow, University of Southampton  
Director, Counselling Psychologist, OutcomeHome (Southampton and Basingstoke, UK)

Ofelia Zaboloteanu, MSc  
Assistant Psychologist, OutcomeHome (Southampton, UK)

Adam Newton  
Peer Mentor, OutcomeHome (Southampton, UK)

Charlie Wood  
Lead Peer Mentor, OutcomeHome (Basingstoke, UK)

10:00 – 10:15 am  **BREAK**  
Coffee, tea, & biscuits

10:15 – 11:15 am  **INTERACTIVE SESSION V** (concurrent)

A. **Room: Mary Ward Hall**

**SMALL GROUP ORAL PRESENTATION**

**The Homeless Period: A Qualitative Evidence Synthesis**  
Frances Greenway, BSc, MSc, PhD Candidate  
Assistant Psychologist, Outcome Home  
Research Assistant, University of Southampton (Basingstoke, UK)

Stephanie Barker, PhD  
Teaching Fellow, University of Southampton  
Director, Counselling Psychologist, OutcomeHome (Southampton and Basingstoke, UK)

Gabriella Orsini, BSc  
Assistant Psychologist, Outcome Home (Southampton, UK)

Jennifer Tarabay, MSc  
Manager of the Regional Homelessness Community of Practice, University of Southampton  
Assistant Psychologist, Outcome Home (Southampton, UK)

B. **Room: Dickens Library**

**SMALL GROUP ORAL PRESENTATION**

**The Effectiveness of Psychological Interventions for Homeless People: A Systematic Review and Meta-analysis**

Becky Ward, PhD  
Research Director, Centre for Homelessness Research and Practice, The University of Southampton (Southampton, UK)

C. **Room: Voysey**

**WORKSHOP**

**Street Medicine Providers: A Workshop on Well-being**

Ronnie-Lee Sneh, BSW  
Founder and President, Street Medicine Tel-Aviv  
Ralph I. Goldman Fellow, JDC (Tel-Aviv, Israel)
D. **Room: Lethaby**

**SMALL GROUP PROBLEM-SOLVING SESSION**

Centering the “Patient” in Street Medicine: Incorporating Lived Expertise in Research, Clinical Practice, and Advocacy

Sarah E. MacLean, MA  
Senior Clinical Research Associate, Ottawa Hospital Research Institute (Ottawa, Ontario, Canada)

Nicole Edgar, BSc (Hons)  
Clinical Research Program Manager, Ottawa Hospital Research Institute (Ottawa, Ontario, Canada)

Simon Hatcher, MB BS MD  
Medical Director - Mental Health, Ottawa Inner City Health  
Full Professor, The University of Ottawa (Ottawa, Ontario, Canada)

E. **Room: Herschel**

**SMALL GROUP ORAL PRESENTATION**

Street Medicine Collaboration in the South Bronx: MAT, Mental Health, Harm Reduction, and Housing

Andrea Littleton, MD  
Medical Director, BronxWorks Care for the Homeless; Assistant Professor of Family Medicine, Albert Einstein College of Medicine  
Attending Clinician, Montefiore Medical Center (Bronx, New York, USA)

Matteo Abbruzzese, MD candidate  
Student Street Medicine Program Coordinator, Albert Einstein College of Medicine (Bronx, New York, USA)

Layla Maria, MD Candidate  
Albert Einstein College of Medicine (Bronx, New York, USA)

**11:15 – 11:30 am**  
**BREAK**

Coffee, tea, & biscuits

**11:30 am - 12:15 pm Room: Mary Ward Hall**

**PLENARY LECTURE**

Working in the Liminal Spaces: A Successful Indigenous-led Model of Care in Street Medicine. It’s fun! It’s transferable! It’s important!

Cheryllee Bourgeois  
Exemption Métis Midwife and Program Lead, Call Auntie Clinic – SGMT (Tkaronto, Ontario, Canada)

Jay MacGillivray, RM  
Mobile Street Outreach and Substance Use in Pregnancy Midwife, Call Auntie Clinic  
Co-founder and Co-director, Positive Pregnancy Program (P3), St. Michael's Hospital (Toronto/ Tkaronto, Ontario, Canada)

**12:15 – 12:30 pm**  
**Closing Remarks**
Fri., Sept. 29  Symposium Day 2: Poster Presentations

1. The Big Picture: A Survey of Operational Parameters and Academic Integrations of Street Medicine
   Benjamin Cool Root, BS, MD Candidate
   Student Leader, Street Medicine Kalamazoo
   Western Michigan University Homer Stryker MD School of Medicine (Kalamazoo, Michigan, USA)

2. Hepatitis C Screening and Treatment Strategies among Precariously Housed Individuals
   Codi Sharp, DO
   Resident Member, Street Medicine Kalamazoo - Western Michigan University School of Medicine
   (Kalamazoo, Michigan, USA)

3. Antimicrobial Stewardship in Street Medicine Setting in Tijuana
   Hannah Janeway, MD
   Co-Founder and Co-Director, Refugee Health Alliance
   Physician, UCLA Homeless Healthcare Collaborative (Tijuana, Mexico / Los Ángeles, USA)
   Laura M. Vargas, MHS, PA-C
   Co-founder and Co-director, Refugee Health Alliance (Tijuana, Mexico)
   Jaideep Chakladar, MS
   Co-Director, Refugee Health Alliance (Tijuana, Mexico)
   Mikaela Mizuno, MD Candidate
   Co-director, Refugee Health Alliance (Tijuana, Mexico)

4. A Scoping Review of Stimulant Use Treatments among Homeless and Vulnerably Housed Individuals
   Nicole Edgar, BSc (Hons)
   Clinical Research Program Manager, Ottawa Hospital Research Institute (Ottawa, Ontario, Canada)

5. Frailty among People Living in Homelessness: Preliminary Results from a Field Project in Copenhagen
   Lene Tanderup, RN
   Street Outreach Nurse, HealthTeam for Homeless (Copenhagen, Denmark)
   Bodil Stavad, RN
   Street Outreach Nurse, HealthTeam for Homeless (Copenhagen, Denmark)

6. A Systems Approach to Addressing Health Disparities in Rough Sleeping Populations
   Frederick Ashby, PhD, MPH, MD Candidate
   Co-founder, University of Florida Homeless Outreach and Street Medicine Program
   University of Florida College of Medicine (Gainesville, Florida, USA)

7. Voices of Santa Fe's Unhoused: A Mixed-method Community Needs Assessment
   Laura Brown, MD, MPH
   Research Assistant Professor, University of New Mexico Center for Alcohol, Substance Use, and Addictions (Santa Fe, New Mexico, USA)

8. Nurse-led Street Outreach: Offering Holistic Care to Rough Sleepers
   Kiera Connelly, RN
   Street Outreach RN, YHC Clinic
   Emergency Department RN, Denver Health (Denver, Colorado, USA)
   Kellie Thompson, BSN, RN, WCC
   Street Outreach RN, YHC Clinic
   Emergency Department RN, Denver Health (Denver, Colorado, USA)
9. The Homeless Outreach Behavioral Screen: A Brief Scale to Identify Need for Mental Health Evaluation among Unsheltered Populations
Sara Rahmanian, PhD, MSHA
Research Scientist, University of California Los Angeles (Los Angeles, California, USA)

10. Healthcare Experiences of Unsheltered Homeless Persons Served by the University of Illinois Chicago Street Medicine
Pal Shah, BS
Research Committee Chair, Chicago Street Medicine
University of Illinois at Chicago (Chicago, Illinois, USA)
Yanzhen Pang, MD Candidate
Senior Co-President, Chicago Street Medicine (Chicago, Illinois, USA)
Jordan Morling, MD Candidate
Clinical Care Coordinator, UIC-Chicago Street Medicine (Chicago, Illinois, USA)
Robert Mason Clark, MD/PhD Candidate
University of Illinois at Chicago (Chicago, Illinois, USA)

11. Advance Care Planning on the Streets: A Case Example after a Patient's Terminal Cancer Diagnosis
Korrinne Yurick, MSPAS, PA
Street Medicine Physician Assistant and Clinical Instructor of Family Medicine, USC Street Medicine (Los Angeles, California, USA)
Alexis Coulourides Kogan, PhD
Assistant Professor of Family Medicine and Street Medicine Research Director, University of Southern California (Los Angeles, California, USA)

12. Longitudinal Trends in Anxiety and Depression for Individuals Experiencing Street Homelessness: A Growth-Curve Analysis
Savannah Vetterly, MD Candidate
EMT, Street Med at Pitt (Pittsburgh, Pennsylvania, USA)
Loyola Street Medicine (Chicago, Illinois, USA)

David Klee, MD FAAFP
Munson Family Medicine Residency Associate Director - Lead for Street Medicine, Munson HealthCare Regional Campus Dean, Michigan State University College of Human Medicine (Traverse City, Michigan, USA)

14. Attitudes about Homelessness among American Medical Students: Initial Survey Analysis
Louise Amat, MD Candidate
Student Volunteer, Loyola Street Medicine (Chicago, Illinois, USA)
Kevin Boblick, MD
Co-director, Loyola Street Medicine (Chicago, Illinois, USA)

15. Frostbite Injuries in Chicago's Unsheltered Population: Preliminary Survey Findings
Owen Lewer, MD Candidate
M3 Coordinator, Loyola Street Medicine (Chicago, Illinois, USA)
Theresa Nguyen, MD
Medical Co-Director, Loyola Street Medicine
Director, Loyola Center for Community & Global Health (Chicago, Illinois, USA)
16. **Medical Improv in the Streets, Medical Research in the Sheets: The Role of Medical Improv in Street Medicine**
Luqman Ellythy, MD Candidate
Street Medicine Student Leader, Zumbro Valley Medical Society
Street Medicine Selective Leader, Mayo Clinic Alix School of Medicine (Rochester, Minnesota, USA)
Robert J. Hyde, MD, MA
Director of Street Medicine, Zumbro Valley Medical Society
Consultant in Emergency Medicine, Mayo Clinic (Rochester, Minnesota, USA)
Anjie Ge, MD Candidate
Student Leader, Zumbro Valley Medical Society Street Medicine Initiative (Rochester, Minnesota, USA)
Jessica Trinh, MD Candidate
Street Medicine Coordinator, Zumbro Valley Medical Society
Mayo Clinic Alix School of Medicine (Rochester, Minnesota, USA)

17. **Assessing the Impact of Stigma on the Wellbeing of Unsheltered Persons**
Rachel Kromash, MA
Academic Research & Curriculum Coordinator, Street Medicine Institute Student Coalition
Clinical Psychology Doctoral Student, East Tennessee State University/ETSU Health Bridge (Johnson City, Tennessee, USA)

18. **Improving Hospital Discharge through Advocacy and Partnership**
Syed A. Rizvi, DO Candidate, BSc (Hons)
Student Liaison, Michigan Osteopathic Association
Street Outreach Member, Spartan Street Medicine (East Lansing, Michigan, USA)
Myles Vigoda, DO Candidate
Chief Coordinator, Spartan Street Medicine (East Lansing, Michigan, USA)
Anmol Pardal, DO Candidate
Spartan Street Medicine (East Lansing, Michigan, USA)
Veer Jhaveri, DO Candidate
Clinic Coordinator, Spartan Street Medicine (East Lansing, Michigan, USA)

19. **Integrating Social Services: A Flexible Model for Student-run Street Medicine Programs**
Theo Grant-Funck, MA
Social Work Volunteer, Chicago Street Medicine - University of Chicago (Chicago, Illinois, USA)
Saara-Anne Azizi, PhD, MD Candidate
Board Member, Chicago Street Medicine - University of Chicago (Chicago, Illinois, USA)
Annie Feldkamp, MD Candidate
Finance Coordinator, Chicago Street Medicine (Chicago, Illinois, USA)
India Hilty, MD Candidate
Street Outreach Leader, Chicago Street Medicine - University of Chicago (Chicago, Illinois, USA)

20. **Relationships between Depression and Intimate Partner Violence in an Unhoused Population**
Ashwathy Goutham, MD Candidate
Student Leader, Street Medicine Phoenix (Phoenix, Arizona, USA)
Hannah Burman, MS, RDN
Medical Student Co-lead, Street Medicine Phoenix (Phoenix, Arizona, USA)
Madeleine Taddei, MD Candidate
Student Leader, Street Medicine Phoenix (Phoenix, Arizona, USA)
STREET MEDICINE and the STREET MEDICINE INSTITUTE

What is STREET MEDICINE?

Street Medicine is the provision of health care directly to those living and sleeping on the streets – the unsheltered or “rough sleeper” homeless – through mobile services such as walking teams, medical vans, and outdoor clinics. The fundamental approach is to engage people experiencing homelessness in their own environments and on their own terms to maximally reduce or eliminate barriers to care access and follow-through. Visiting people where they live – in alleyways, under bridges, or within urban encampments – is a necessary strategy to facilitate trust-building with this socially marginalized and highly vulnerable population. In this way, Street Medicine is the first essential step in achieving higher levels of medical, mental health, and social care through assertive, coordinated, and collaborative care management.

The emphasis on unsheltered or “rough sleeper” homeless populations is noteworthy, since most homeless health care efforts are primarily designed to serve people experiencing homelessness who live in sheltered settings. This stance reflects the Street Medicine Institute’s fundamental belief that living on the street is not an acceptable reason to be excluded from health care. Nonetheless, the Street Medicine Institute and its related street medicine programs will always collaborate with others who deliver health care at any point across the spectrum of homelessness as well as with those who work to alleviate the overarching problem of homelessness and its consequences. Any group whose resources are relevant to the street homeless is a natural partner of Street Medicine.

Street medicine is not adequate primary care by itself but is best viewed as a form of intermediate “home care.” In every encounter, an effort should be made to identify and refer patients to a comprehensive, longitudinal primary care relationship if none already exists or if the Street Medicine providers themselves lack capacity to fulfill that role. Whenever possible, communication and collaboration with other members of a patient’s health care team are priorities. Some street medicine providers are fortunate to practice under the umbrella of a local or regional Health Care for the Homeless Program which may enhance primary care access and coordination.

The practice of street medicine is guided by the following principles:

- Each person living on the streets has the full value of any other person and has the right to pursue their full potential.
- Services will be delivered directly in the person’s unsheltered setting without discrimination or blame.
- Street medicine will respect each person’s individuality and autonomy, remain sensitive to their assets and limitations, and work in partnership to enhance their well-being.
- Street medicine will collaborate, advocate, and innovate with community partners to improve health care access for those living on the streets.
- Street medicine will maintain the highest standards of medical care possible.
- Those with the experience of living on the streets will help guide the design and implementation of street medicine service delivery.
- Street medicine will practice goal-negotiated care by working to learn each person’s specific goals, and whenever possible, assisting him/her in achieving those goals within the context of the therapeutic relationship.
Why do we need street medicine?

Millions of people experiencing street homelessness throughout the world face extreme poverty, poor access to health care, and social disenfranchisement. As a result, they bear a disproportionate burden of illness, suffering, disability, and premature death. Street people in the United States die nearly three decades earlier than their housed peers on average, most commonly due to preventable and treatable chronic medical conditions. Meanwhile, their health care utilization costs are more than five times the national average, primarily as a result of over-reliance on emergency room visits for routine medical care and increased hospitalization rates for illnesses presenting in advanced stages. These observations provide evidence that mainstream health care delivery models are failing to meet the complex needs of this vulnerable population in a socially responsible manner.

It has been said that the measure of a society is reflected in its treatment of its most vulnerable members. The same maxim applies to health care systems, where health care workers are ethically bound to promote health and alleviate suffering for all people—including the poor and powerless. Street medicine embraces these foundational moral and professional principles, but it also argues that when a community fails to respond to the health care needs of those experiencing this most severe form of poverty, it incurs magnified and compounding social costs. Street medicine programs are uniquely positioned to navigate many of the most complex challenges to providing high-quality, low-cost health care to unsheltered homeless populations. Local studies of existing street medicine programs have revealed substantial impact on health care costs and mis-utilization patterns for the rough sleeper populations they serve, including reductions in emergency room visits, hospital admissions, and hospital length-of-stay. As a result, the street medicine care delivery model can also be incredibly instructive for health care systems seeking to improve access and efficiency for the general public and for other socially excluded and medically complex populations.

What is the STREET MEDICINE INSTITUTE?

The Street Medicine Institute (SMI) facilitates and enhances the direct provision of health care to the unsheltered homeless where they live. SMI does this by providing communities and clinicians with expert training, guidance, and support to develop and grow their own street medicine programs. SMI has become the global leader in developing the field and practice of street medicine and has helped cultivate or improve street medicine programs in more than 140 cities among 27 countries on 6 continents.

It is the VISION of the Street Medicine Institute that communities throughout the world are transformed through the delivery of street medicine practices designed to meet the unique needs of rough-sleeping persons.

It is the MISSION of the Street Medicine Institute to inspire and equip communities worldwide to provide street medicine services to rough-sleeping homeless persons.

Our CORE VALUES:

- **Go to the People** – Street medicine is effective only when we meet people on their own terms in their own spaces.
- **Solidarity** – We stand with our sisters and brothers sleeping outside, advocating for others to see them for the beloved human beings they are.
- **Authenticity** – Being genuine, transparent, and honest allows our organization to maintain trust with people sleeping rough and the street medicine teams who care for them.
• **Transformative Disruption** – We drive change in our communities and health care systems to achieve justice and health equity for all of us, no matter where we sleep at night.

• **Streets as a Classroom** – People sleeping rough are our best teachers. In learning from them, we learn how to provide healing for others and ourselves.

• **Healing Community** – In caring for people society shuns, street medicine workers can feel equally marginalized. We offer a place of refuge for people involved in street medicine globally to refuel and grow with each other.

NOTE: While the Street Medicine Institute has the expertise of street medicine providers, it is not engaged in the direct delivery of street medicine health care services. Rather, it assists and supports individuals and communities wishing to start or improve a street medicine program.

**What services does SMI offer?**

• Membership that enables collaboration and sharing of best practices

• On-site and remote consultations and trainings to encourage and support the initiation of new street medicine programs and the improvement of existing street medicine programs

• Annual International Street Medicine Symposium

• Seed Grants to help establish new Street Medicine programs

• Framework for epidemiological and outcomes research related to the plight of the unsheltered homeless and the impact of street medicine programming

• Repository for the growing body of evidence that street medicine reduces health care costs, improves health care access, and promotes better health and quality-of-life outcomes

• Network of service-learning opportunities for health sciences students with Street Medicine programs around the world

**How does SMI measure its impact?**

• An expanded and growing body of evidence that street medicine programming yields measurable improvements in health status, health outcomes, and health care mis-utilization costs for unsheltered homeless populations

• Increased numbers of communities with street medicine programs

• Increased numbers of unsheltered homeless persons receiving health care through street medicine programs

• Increased numbers of health care providers and health sciences students motivated and trained to deliver street medicine

• Increased participation in the annual International Street Medicine Symposium, symbolizing a broadening interest in serving people living on the streets around the world

**How did SMI develop?**

In 1992, Dr. Jim Withers dressed in tattered clothes and began making medical visits to people living on the streets in Pittsburgh, Pennsylvania along with a formerly homeless person serving as a guide and liaison. He was motivated by the desire to reach out to those who seemed to be excluded from mainstream health care systems despite their high rates of illness and premature death. By listening to their stories and bearing personal witness to their suffering, Dr. Withers was profoundly moved, and he chose to devote his career to changing the way we care for the unsheltered homeless and other marginalized populations. He became inspired by the idea that
this work with the poorest of the urban poor could become a “classroom of the streets,” a unique service-learning opportunity for students and other clinicians to help them better understand and practice a care philosophy he termed “reality-based medicine.”

Dr. Withers observed that because of a variety of internal and external barriers, many street homeless individuals he encountered were unable to access and navigate existing health care services. Since the mainstream health care system’s traditional care models were not particularly sensitive or adaptable to their unique realities of life, illness, and circumstance, the street homeless were being effectively excluded from the care they desperately needed. Instead, as Dr. Withers learned, they required a more patient-centered, relationship-focused, and culturally sensitive care model that vows to meet and work with each patient in the context of their unique reality and on their own terms. This evolving care model emphasized compassion, creativity, and collaboration in the development of individualized engagement and treatment strategies. To help weave back together the frayed ends of his patients’ health care with these ideals in practice, Dr. Withers founded Pittsburgh Mercy’s Operation Safety Net, a local organization that has garnered international acclaim as an exemplary street medicine program, and in whose image numerous other programs around the world have been created and improved.

Dr. Withers quickly realized that there were others like him working to bring medical care directly to people living on the streets in the United States and around the world. His first meeting in India with Dr. Jack Preger, a health care champion for “pavement dwellers” in Calcutta, convinced him that finding a way to bring together Street Medicine pioneers would be an incredibly powerful first step in sparking a global movement. As Dr. Withers traveled to communities throughout the US and overseas to visit similar programs, he was struck that many practitioners were working in isolation, essentially “homeless” themselves within the medical community. Not only were their street practices not recognized by their peers, but the values they held about the kind of care that street people deserved were also not embraced by mainstream health care systems. He sensed a burning desire among these practitioners to link together to share insights and receive encouragement from one another. To that end, the International Street Medicine Symposium was founded in Pittsburgh in 2005, followed annual symposia since then in cities across the US and abroad with more than 4,000 total participants from around the world sharing best practices, learning new skills and strategies, and validating the ideals of their common work on the streets.

Through the efforts of Dr. Withers and a core group of Street Medicine leaders who met through their participation in the annual symposium, the Street Medicine Institute was founded and incorporated as a 501(c)(3) non-profit organization in 2009. The intent was to create a unifying body that would further develop and sustain the emerging field of street medicine, while training and supporting new and existing programs throughout the world. With the help of this coordinated effort, a network of street medicine programs in over 140 cities among 27 countries on 6 continents has developed and continues to grow. Street medicine has now become a powerful global movement for health care equality and social change by helping to create more compassionate, complete communities where every person has the value and dignity they deserve.

Where is there more information about SMI?

Visit the Street Medicine Institute website at www.streetmedicine.org to learn the latest updates on street medicine activities around the world, to initiate a request for consultation to start or grow a street medicine program, or to connect with the expanding international network of street medicine programs.

Street Medicine Institute is a 501(c)(3) non-profit organization.
“Street Medicine” is a registered trademark of the Street Medicine Institute.
Go to the People

Live among them
Love them
Learn from them

Start from where they are
Work with them
Build on what they have

But of the best leaders
when the task is accomplished
the work completed
the people all remark

We have done it ourselves

- Lao Tzu